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Safety Instructions

Before operating the unit, please read all instructions carefully.

Make sure that the product is connected to a dedicated electric outlet for 220-240Vac, 50 Hz/60Hz.

Electricity Safety

- Do not handle the power plug or electric outlet with wet hands.
- Do not use a damaged power cord or plug.
- Plug in the power plug properly to operate the product.
- Do not attempt to disassemble or repair any electronic parts of the product.
- · Do not spill water or liquids on the product.
- Do not use the product in a damp or humid environment.

Operation Safety

- Do not use the product near heating areas or on top of a heating surface.
- Do not use the product if you are experiencing health complications or conditions as stated below:
 - Suffering from heart diseases, malignant tumors, back pain, spine disorders, osteoporosis, high blood pressure and knee joint degeneration.
 - Pregnant or menstruating
 - Feeling unwell, fever, having inflammation, bruises and sensory impairment.

Others

- When there is a power outage, carefully unplug the product.
- If the product functions abnormally, immediately turn off the power, disconnect the power plug and contact our service centre.
- If you feel unwell or experience any discomfort while using the product, stop using it immediately.
- Close supervision is necessary when the product is near children, intants, or disabled persons.
- Do not insert your hand or foot into any openings of the product.
- The product is intended for use of one person each time.
- Standing mat is made from conductive carbon material, it is normal to observe tiny black powder residue after used.

Safety Instructions

Warning

- Do not fall asleep while using the product.
- · Do not use the unit after drinking alcohol.
- Suggested usage time is 20 minutes, please rest for 30min before use it again.
- · if you feel unwell or sick, Please stop immediately.
- Please follow the instructions accordingly while using the unit.
- While the product is in use, do not insert your hands into the space on the two sides of the product.
- Children should be supervised to ensure that they do not play with the product.



Use caution when handling the product, as some parts may contain sharp edges or protrusions that could cause injury if not observed.



Correct Disposal of this product

This marking indicates that this product should not be disposed with other household wastes. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources.

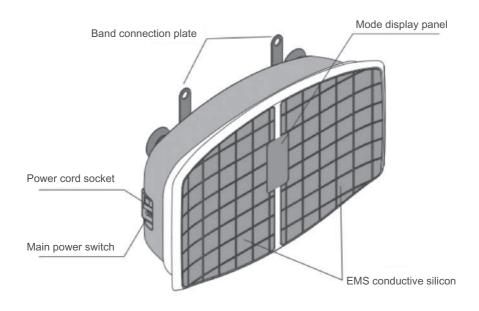


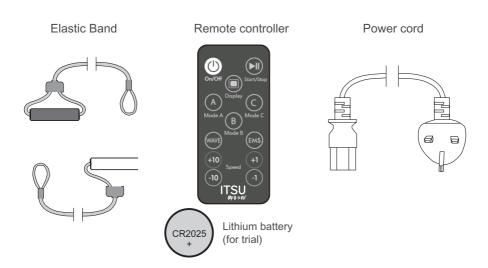
Caution: read this user manual carefully before use.

Warranty Claim

- 1. Warranty is not transferable.
- 2. This warranty is effective only if the product is purchased from ITSU or any authorized distributors.
- 3. Proof of purchase (original receipt) is required for all warranty repairs.
- 4. All implied warranties, including but not limited to these implied warranties of fitness and merchantability, are limited to the duration stated in the warranty policy.
- 5. Damage due to misuse, improper treatment and unauthorized modification and repairs are not covered by this warranty.
- Warranty does not cover accessories and add-ons, which do not belong to the product.
- 7. Warranty is not effective to rental, business, commercial, institutional, or other non-residential users.
- 8. All services covered by this warranty must be approved by ITSU and repaired by authorized technicians only.
- If replacement parts for defective materials are not available, ITSU reserves the right to make substitutions in lieu of repair or replacement.

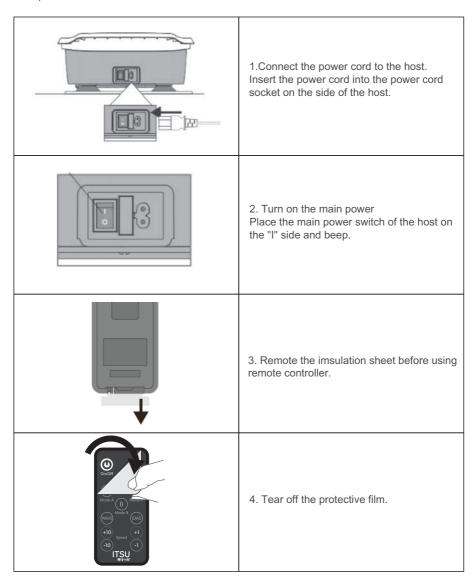
Product Parts

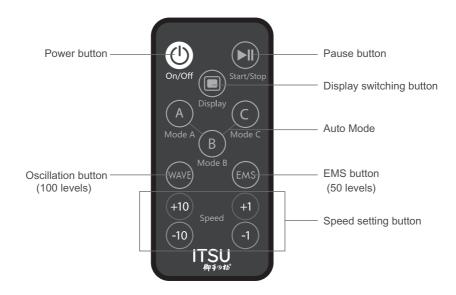


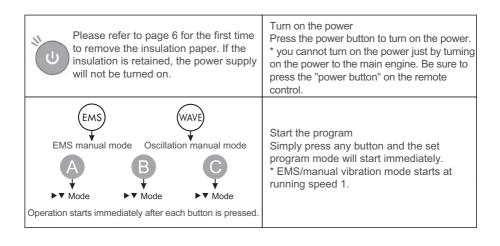


Please check before use

The product is for 220-240Vac, 50 Hz/60Hz.

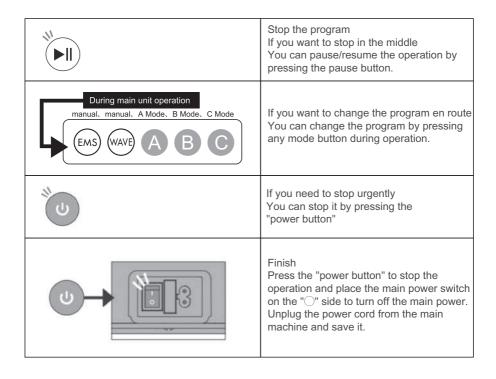




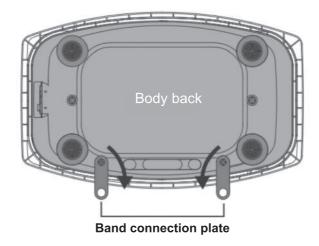


Common to all modes

* Automatically stops in about 10 minutes



Installation Guide

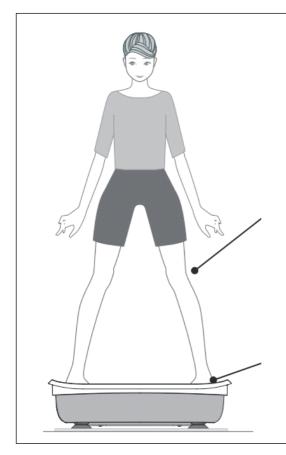


Rotate the tape connector on the back of the main engine and pull it out as shown in the figure above.

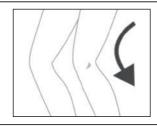
RESISTANCE BANDS A B C D

- Be sure to connect it when the power is off.
- Don't push too hard.
- Don't pull hard.

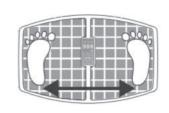
How to use



The basic position Spread your feet to shoulder width, bend your knees slightly, and stand on the board.



You can apply more load by bending your knees deeper.



Opening the posture outwards places a heavy burden on the abdomen.

How to use

Area where load is applied



Abs and waist

Sit on the board and lower your upper body gently back. Raise your feet slightly so they don't touch the floor.



Thigh/calf

Place your legs straight on the board in a chair position.



Calf
Place your calf on the board, lying on your back.



With your arms extended forward, drop your waist down firmly.



Waist, spine, hip

Put the board on the chair and sit upright with your back and your feet on the floor.

- * in EMS mode, please use it in the buttock tight state.
- the chair may be damaged depending on the vibration level and usage. Please be careful not to get hurt. In addition, chair damage is not covered by the warranty.

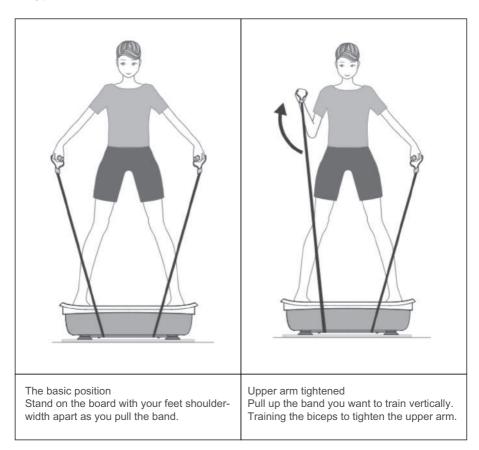


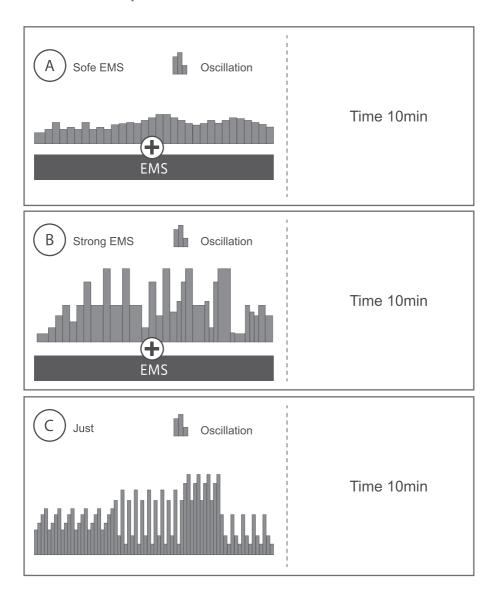
Upper arm

Place your knees on the floor and then on the board so that your arms are perpendicular.

How to use

You can exercise your upper body at the same time by pulling the e-band or keeping it in the lifting position.





The LED in the

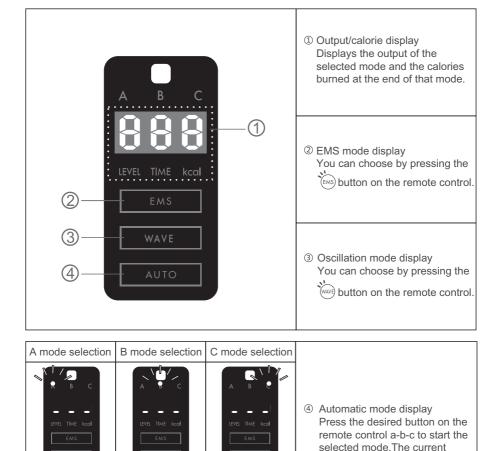
up.

upper center lights

The upper left

LED lights.

There is a mode display panel in the center of the host to show the operation status, and you can check the mode used, output and calorie consumption.



The upper right

LED lights.

selected mode on the output/ calorie display can be confirmed by the LED mode light.

Product Maintenance

- If the product was stored in a cold place for a period of time, it is suggested to wait one hour before usage.
- If the product is going to be placed in a special environment, such as salty or sulfurous area, please contact our service center for protection to prevent malfunction.

Always unplug the unit before cleaning it.

Please do not use thinner, benzene or alcohol to clean the unit.

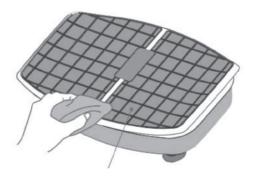
Use dry cloth to thoroughly clean the product, do not wipe with wet cloth.

Do not place the product near heaters, or exposed to heat resources or direct sunlight.

- If you may not use the product for a period of time, it is suggested to unplug the unit and store it well under a clean and dry environment.
- Do not eat or drink on the product, to prevent malfunction.
- Storage environment :Temperature-10°C~55°C,Humidity RH0~85%

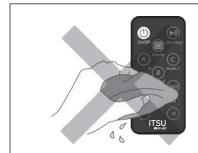
Product Maintenance

*When cleaning, be sure to turn off the power and unplug the power cord from the socket.



Wipe dirt with a dry, soft cloth.

 \times if the dirt is serious, please put the diluted neutral detergent in the rough cloth, wring it out and then wipe it. After that, please wipe it with a dry cloth.



Be sure to clean the remote with a dry cloth, as cleaning the remote with a wet cloth may cause malfunction.



Do not clean the equipment with water. Do not use diluent, benzene, alcohol, remover and other organic solvents to clean the host. Otherwise it may fade, corrode and crack.

Product Maintenance

Please store this product in the following places

水平	A	Temperature 10 \sim 35 $^{\circ}\mathrm{C}$ Humidity: 20 \sim 80%
Horizontal and stable place	Ventilated area	Above temperature and humidity location

Please do not store this product in the following places

The device is made of sophisticated mechanical and electronic components. Avoid installing the machine in the following places, which may cause a failure.

Places exposed to direct sunlight	Places with a lot of dust	Places where temperature changes rapidly
Places where the humidity changes drastically	Places with fire	Places that are easily wet by water
Places with volatile substances	Places close to cooling and heating equipment	Places with vibration



Caution

Do not use it on infants or people who cannot express their intentions, and do not keep it within easy reach. Otherwise it could lead to an accident or poor health.

Common Problems & Solutions:

Q1	Does not work when power is turned on	Q5	Can it be used in the bathroom?
A	Check that the power cord is connected to both the host and socket. Check whether the main power switch is on Check the operation panel or remote control is not working.		This product is not waterproof. Please do not use it in the bathroom as it may cause trouble.
* if only the remote control doe	*if only the remote control does not work, please replace the battery, because the remote control battery may be	Q6	Can it be used outdoors?
	lead.	А	Don't use it. Please do not use it outdoors as it may cause trouble.
Q2	Suddenly stopped	Q7	Can I use it during pregnancy or right after giving birth?
А	Check that the power cord is connected to both the host and socket.	А	Please do not use. For postpartum and lactating persons consult a physician who frequently visits the clinic.
Q3	Make noise	Q8	Is there a weight limit?
А	Be sure to install it in a flat and stable place. The structure of the product produces some operational noise, so it is not an anomaly in this case.	А	The load capacity of the product is 100kg. Do not use if the load capacity is exceeded.
	If the noise is heard inside the product, foreign body may be mixed in due to damage or other reasons. Please	Q9	Remote control does not respond
	contact the customer service window on page 00.	A	Please replace the battery of the remote control. Other reasons may be the remote location of the product and remote control, not suitable for display panel. Please aim the remote control at the display panel and operate within a distance of 1.5m.
Q4	Can I use it every day?	Q10	I lost my remote
А	No problem but only use it three times a day (30 minutes) at most. Overuse can lead to accidents, such as injuries.	Α	Consult your dealer.
Q11	I don't know where to attach the band	Q16	Stuck, unable to operate
A	On the back of the main frame there is a connecting plate for the upper body band. Please refer to page 9 for details.		Replace the battery of the remote control and check the operation of this product again. In addition, the product is designed to stop automatically 10 minutes after use, either automatically or manually.
Q12	I want to attach the ground terminal, but there is no mounting hole at home	Q17	Strong current, feel pain
А	After consulting with a dealer or electrical construction shop, we recommend ground installation work (class D < type 3 > installation work).	A	The output setting may be too high. Try adjusting the output using the remote control. In addition, EMS mode is used only once a day.
Q13	Weak stimulation in EMS mode		
А	Output Settings may be low. Adjust the output with the remote control.		
Q14	I feel the stimulus is different on the left and right		
A	If only one foot is wet, or if you use a moisturizer, the current experience will be different. Please do not use this product until you have thoroughly wiped your feet. Also, even if only one leg has a scratch or cut, the body will feel different. Do not use this product until the wound is completely healed.		
Q15	Warning sound does not stop * Manual (EMS mode)		
А	Due to dry skin, the current may not flow easily. Please use again when the contact surface is wet		

Product Specifications

Voltage	220 - 240Vac, 50/60Hz
Rated power	200W
Model	IS0601
Size	W430mm × D290mm × H130mm
Weight	Approx 8.3kg
Remote control power supply	CR2025 lithium battery
Material	Body: ABS resin, PVC resin, rubber Remote control: ABS resin, PVC resin Special mat: TPE
Maximum adaptive weight	100 kg



Contact Us



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感谢您购买ITSU的产品。

使用足底按摩器前请仔细阅读安全注意事项。安全措施根据危险程度分为"警告"和"注意"。这本书应保存起来,以备以后阅读时参考。

安全指引

請在使用產品之前詳細閱讀此使用說明

本產品僅使用 220-240Vac, 50Hz/60Hz 的電源。

電器安全

- 雙手或雙腳沾溼時,切勿觸碰插座上之插頭
- 如遇本產品電源線脫落或表面破損、龜裂,切勿使用。
- 請將插頭完整插入插座後方使用。
- 不可試圖自行拆卸或修理本產品,本產品僅能由維修人員保養修理。
- 請勿將本產品浸泡。
- 請勿在濕氣過重之處使用本產品。

操作安全

以下人士,請在使用前先諮詢醫生的意見:

- 一 心臟病患者、惡性腫瘤患者、背痛、脊椎側彎或異常、高血壓、骨質疏 鬆症等。
- 孕婦或月經期間
- 身體不適者、發燒、身體有紅腫或發炎、瘀青、過敏等。

其他事项

- 使用本產品時若逢停電,請立即拔除插頭。
- 當本產品操作異常時,請迅速關閉電源開關拔除插頭,並通知維修人員 進行檢查,修繕。
- 在您使用本產品期間若感到任何不適,請立即停止操作。
- 孩童或行動不便者位處本產品周圍時,務必由成人在旁監督。
- 勿將手、腳插入按摩機構間隙。
- 本產品每次僅限一人使用。

安全指引

注意事项

- 逢電源插上及本產品作動時,勿將其留置無人看管。
- 請由插頭處插入或拔除插頭,不可隨意拉扯電源線。
- 切勿將異物插入機構間隙內。
- 坐本機時必須坐立中間點,避免單邊重力施壓。
- 請在平坦之地面使用本產品。
- 本產品僅限於室內使用。
- 體重超過100公斤有機會加速機件耗損。
- 墊子材質有包括碳粉,如有黑色粉沫掉落屬爲正常現象。

警告

- 請勿在打盹時使用本產品
- 酒醉者請勿使用本產品
- 每次使用10分鐘為準,視平個人體質而決定時間
- 請務必依循本手冊所述使用本產品
- 使用時勿將手、腳插入按摩機構間隙
- 應監管兒童以確保他們不會玩耍本產品

安全指引



使用時要小心處理產品,部分零件可能含有鋒利的邊緣或突出物,若疏忽可能會導致受傷。



處理此器材的正確方法

本標誌表示此產品皆不可與家庭廢棄物一同丟棄。為避免任意丟棄對環境與人體 健康可能造成的傷害,應增加回收後可利用物質的再使用性。

歸還使用過器具,請遵循歸還及回收程序,或與原購買零售商聯繫。 他們能將產品進行對環境安全的回收。

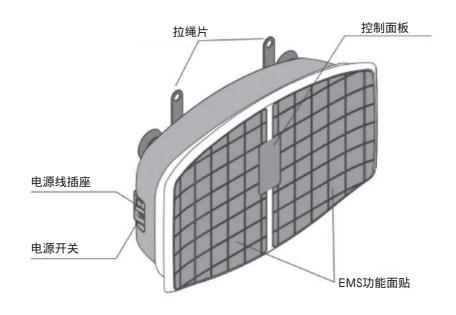


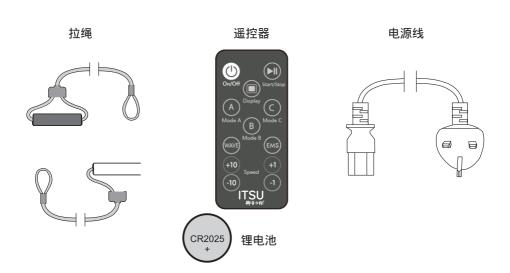
警告:使用前仔細閱讀此說明書。

保修权限

- 1. 本保修權限不得轉讓於其他人或產品
- 2. 本保修服務僅有效餘ITSU或其授權代理購買產品
- 3. 當要求保修服務時,請出示正本購買收據。
- 4. 保修範圍內的維修服務自購買日起有效,期限需視各國的保修政策而定。
- 由於錯誤的使用,不適當保養以及未經授權私自改裝和維修產品而導致的損壞,不屬於保修範圍。
- 6. 此保修範圍不包括不屬於產品本身的附件。
- 7. 此保修範圍不適用於租憑交易,商業機構或其他非居民使用者。
- 8. 此保修範圍內所涉及的維修服務需經過ITSU授權,且必須由授權的技術人員維修。
- 9. 若需更換的維修附件缺貨, ITSU有權採用替代配件進行維修。

产品配件



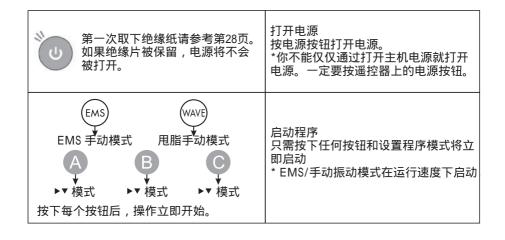


使用前请检查

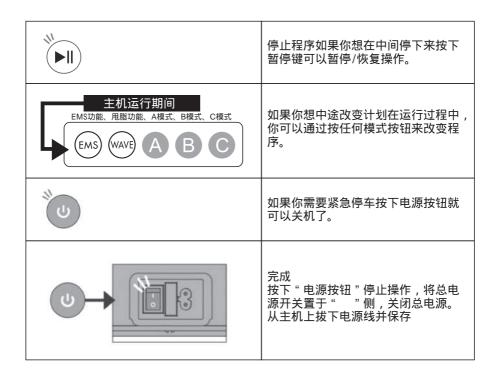
该产品适用于220-240Vac, 50Hz/60Hz.

	1.将电源线连接到主机。将电源线插入 主机侧面的电源线插座。
	2. 打开总电源将 主机的总电源开关置于" I " 侧并发出哔声。
	3.使用遥控器前先将绝缘片拔出。
Mode A B (EAS) (A) 10 (1) Speed (1) ITSU (A) 1 A (F)	4. 撕掉保护膜。

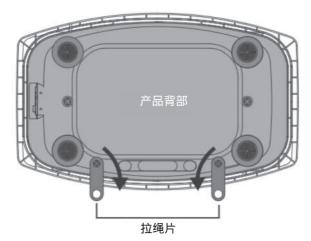




所有模式通用 *自动停止约10分钟

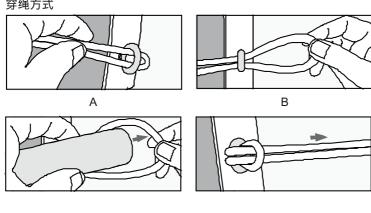


安装指南



旋转主机后面的磁带连接器,如图所示将其拉出。

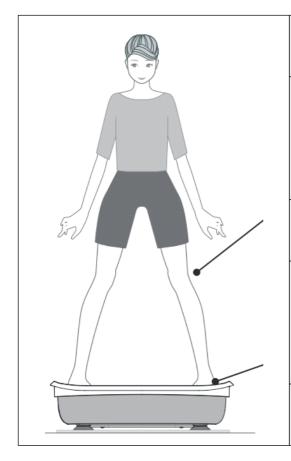
穿绳方式



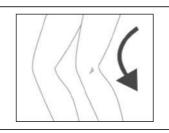


- 一定要在断电时把它接上。
- 不要逼得太紧。不要硬拉。

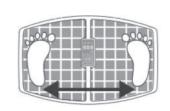
运动指南



站立姿势 双脚与肩同宽,膝盖微微弯曲, 站在跳板上。



你可以通过把膝盖弯曲得更深来 施加更多的负荷。



向外打开姿势会加重腹部的负担。

运动指南

负载应用的区域



腹肌和腰坐在板上,把你的上半身慢慢 放回背部。稍微抬起你的脚,这样它们 就不会碰到地板。



大腿和小腿双腿伸直放在木板上,呈椅子状。



把小腿放在木板上,仰卧。



双臂向前伸展,腰部稳稳地垂下。



腰、脊椎、臀部把板子放在椅子上,背部挺直地坐着,双脚放在地板上。

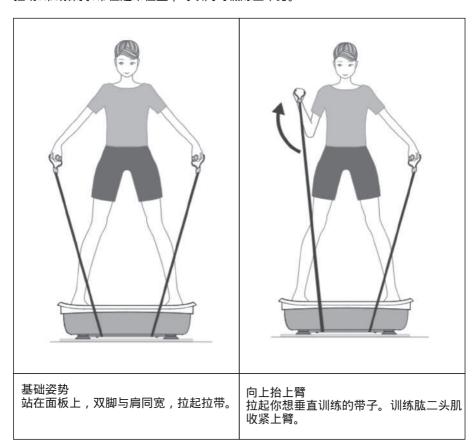
EMS模式下,请在紧臀状态下使用。 根据振动程度和使用情况,椅子可能会 损坏。另外,椅子损坏不在保修范围内。 拉动e带或保持e带在起吊位置,可以同 时锻炼上半身。

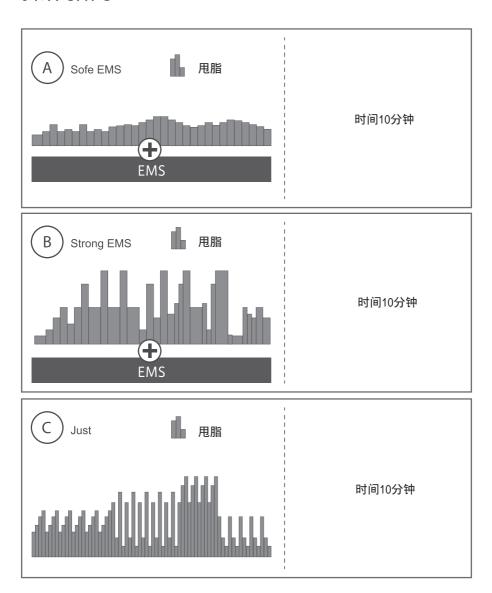


上臂把你的膝盖放在地板上,然后放在板上,这样你的手臂是垂直的。

运动指南

拉动e带或保持e带在起吊位置,可以同时锻炼上半身。

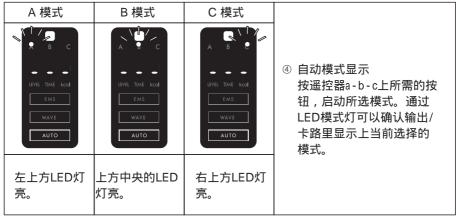




模式显示面板说明

主机中央有模式显示面板,显示运行状态,可查看所使用的模式,产出和热量消耗。



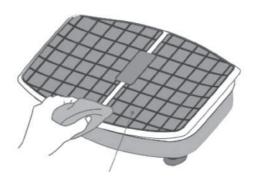


产品保养

- 如果您的產品因運送、搬移或其他原因而曾置在低溫的環境下過久,請待置 於室溫一小時方開機使用。
- · 若欲將本產品置於特殊環境如: 易受鹽分、硫磺等物質侵蝕的地區, 敬請事先 告知安裝人員做好防護措施, 否則將可能造成機體損壞。
- 清潔保養本產品時,請先自插座取下插頭
- 請勿以苯類、稀釋劑或任何侵蝕性溶劑擦拭本機。
- 請僅使用乾布擦拭本機,切勿用濕布。
- 切勿將本產品長期暴露於陽光直射處,亦不可擺放接近於火源、高溫處。
- 若您將有一段時日部會使用到本產品,建議將電源線拔除後整齊捲好,並儲放本產品於較無應且乾燥空間。
- 。切勿在產品上飲食、以防不慎傷害到本產品。
- 。儲存環境為:攝氏-10 C ~ 55 C, 濕度為RH 0~85%

产品保养

清洗时,一定要关掉电源,从插座上拔下电源线。



用干燥的软布擦拭污垢。

如污垢严重,请将稀释后的中性洗涤剂放在粗糙的抹布上,拧干后再擦拭



一定要用一块干布清洁遥控器,作为清洁。使用湿布的遥控器可能导致故障。



请勿用水清洗设备。不要使用稀释剂、 苯。用酒精、去污剂等有机溶剂清洗主 机。否则,它可能会褪色、腐蚀和开裂。

产品保养

请将本产品存放在以下地方。

水型		温度10 ~35 湿度:20 ~80%
水平稳定处	通风地方	温度和湿度在以上范围的地方

请不要将本产品存放在以下地方

这个装置是由精密的机械和电子元件组成的。避免将机器安装在以下位置,以免造成故障。

暴露在阳光直射下的地方	有很多灰尘的地方	温度变化迅速的地方
湿度变化剧烈的地方	用火的地方	容易被水弄湿的地方
有挥发性物质的地方	靠近冷却、加热、设备的地方	振动的地方



注意

不要用在婴儿或不能表达自己意图的人身上,也不要把它放在触手可及的地方。否则, 它可能会导致事故或健康状况恶化。

常见问题及解决方案:

Q1	当电源打开时不工作	Q5	可以在浴室使用吗?
A	检查电源线是否连接到主机和插座上。检 查总电源开关是否打开。检查操作面板或	Α	本产品不防水。请不要在浴室使用它,因 为它可能会给我带来麻烦。
	遥控器不工作。*如果只有遥控器不工作, 请更换电池,因为遥控器电池可能已经没	Q6	可以在户外使用吗?
	电了。	Α	不要使用它。请不要在户外使用,否则会 造成麻烦。
Q2	突然停止	Q7	我可以在怀孕期间或产后使用它吗?
А	检查电源线是否连接到主机和插座上。	А	请不要使用。对于产后和哺乳期的人,请 向经常到诊所就诊的医生咨询。
Q3	有异音	Q8	有重量限制吗?
A	请务必将其安装在平坦、稳定的地方。产 品的结构会产生一些操作噪音,所以在这	Α	产品的承载能力为100kg。如果超过了负 载能力,请不要使用。
	种情况下它不是异常。如果在产品内部听	Q9	遥控器没有反应
	到噪音,可能由于损坏或其他原因有异物 混入。请联系第00页的客户服务窗口。	Α	请更换遥控器的电池。其他原因可能是产 品位置和遥控器远,不适合显示面板。请 将遥控器对准显示屏,在1.5米范围内操作。
Q4	我可以每天都用吗?	Q10	遥控器弄丢了
А	没问题,但一天最多只用三次(30分钟)。 过度使用会导致意外,例如受伤。	Α	咨询你的经销商。
Q11	不知道该把拉绳系在哪里	Q16	卡住了,无法操作
А	在主架的背面有用于上体带的连接板。详情 请参阅第31页。	А	更换遥控器电池,并再次检查本产品的使用情况。此外,本产品设计在使用后10分钟自动停止,自动或手动。
Q12	想接上接地端子,但家里没有安装孔	Q17	强电流,感觉疼痛
А	经咨询经销商或电气施工车间,建议进行 地面安装工程(D类< 3型>安装工程)。	A	输出设置可能过高。试着用遥控器调节输 出。另外,EMS模式每天只使用一次。
Q13	EMS模式弱刺激		
А	输出设置可能偏低。用遥控器调节输出。		
Q14	觉得左右两边的刺激不同		
A	如果只有一只脚是湿的,或者你用了保湿 霜,现在的体验就会不同。请不要使用本 产品,直到您彻底擦拭您的脚。而且,即 使只有一条腿有划痕或划伤,身体也会有 不同的感觉。在伤口完全愈合之前不要使 用本产品。		
Q15	警告声不停 手册(EMS模式)		
А	由于皮肤干燥,电流可能不容易流动。 接触面湿后请再次使用		

产品规格

额定电压	220 - 240Vac, 50/60Hz	
额定功率	200W	
型号	IS0601	
尺寸	W430mm × D290mm × H130mm	
重量	约 8.3kg	
远程控制电源	CR2025 lithium battery	
成分主体	ABS树脂、PVC树脂、橡胶,遥控:ABS树脂、PVC树脂,特殊的垫子:TPE	
最大承重量	100 kg	



聯絡我們

馬來西亞



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